

DERMATITIS

Female age 23 presents in November 2008 with dermatitis. Since March 2008 has had an eruption which began on her feet, then went to hands and head. Comes up initially in clear bubbles then dries up, goes hard like a callous and then peels. It is very itchy prior to peeling. Now mainly on feet and in palms of hands, sides of fingers and < crease of thumbs. On both sides of body. Overall, skin is very dry. Has tried Calendula cream which helps keep the skin moisturized but doesn't stop peeling or red smaller cracks.

Initially doctor thought it might be tinea so did fungal creams and didn't work. Then used cortisone creams which helped a little but not clearing it.

May 08 - moved into father's house. Nervous about this prior to move. Wrote a lot in her diary. Father alcoholic, very difficult to live with.

June 08 Split up with boyfriend of 3yrs.

Mind quick, fast learner, good memory for numbers. Swears a lot, says it as it is. Short tempered.

Parent's divorced when aged 8.

Bullied in high school. Fights with father and mother, boyfriend.

Left home at 18yrs of age.

Enjoys music; can remember what was doing at the time of songs. Plays guitar, writes music.

Hates reading, eyes hurt. Has glasses for short distance.

H/O Scalp chunks of skin peeling off in middle on left side.

H/O Asthma and Eczema on shins

H/O Conjunctivitis and Ear infections

Usually gets 1 cold per year this year got 2 colds. Has the flu shot every year.

Teeth natural and strong but 1 wisdom tooth rotted away.

Cravings for bizarre things and changes. Has been; peanuts, spaghetti, coconut, lollies, watermelon.

Loved milk as a child and still does.

Thirst low has 2 glasses water per day.

Digestion fast, hunger pains even after eating meal. Always hungry within 1-1.5hrs of meal.

Ankles weak. Give out easily.

Knees sore when put on weight. Has begun dieting now and lost some.

Limbs have sensation of numbness like just been sat on. Uncomfortable feeling. < left.

Circulation gets cold feet.

Menses just prior to onset pain+++ can pass out <9-10am. Pain tapers off after 1-2 hours and has a dull ache over 2 days. Then on 1st day of menses is weak and tired and eyes can have dark circles around.

Fears: sharks are fast and can eat you.

Prefers cool. Hates heat and burns easily.

Early riser 5-5:30am. Gets up and going ok.

COMMENTS

She spoke very quickly. Her sentences were short and direct along with a cool and aloof demeanor. She said she had tried lots of medications but didn't feel they were helping. Though when was recommended to try Homeopathy she wasn't so keen, but figured other things weren't working so gave it a go.

RUBRICS CHOSEN

MacRepertory 6

MIND; ALCOHOLISM, dipsomania (137) *

MIND; IRRITABILITY (491) **

MIND; HURRY, haste; tendency (138) *

STOMACH; THIRSTLESSNESS (166) *

SKIN; ERUPTIONS; desquamating (108) ***

SKIN; ERUPTIONS; dry (92) ***

EXTREMITIES; NUMBNESS, insensibility (345) *

GENERALITIES; WARMTH; agg. (214) **

FACIAL ANALYSIS

YELLOW (psora)	RED (sycosis)	BLUE (syphilis)
Lids Widows peak Compact smile	Nose Lips Chin	Hairline height Forehead shape Asymmetry Teeth

		Ears size Bridge
3	3	6

REMEDIES

Sulph, Sep, Sil, Ars, Graph, Lyc, N Mur, Phos, Aur, Calc, Merc, Phos Ac, Alum, K Carb, Mez, Rhus Tox, Verat, Bov, Staph, Bar Carb, Hep Sulph, Petr, Thuj, Caust, N Carb

The patients facial features are dominantly syphilitic (blue). The only blue remedies are Aur, Merc, Mez and Bar Carb

On checking which remedies are hungry soon after eating only Aur and Mez appear.

REMEDY AND DOSE

Due to the skin symptoms Mez is chosen.

Mez 30C in drops to be taken once daily. Asking her to follow up 2 weeks and she could email me if need to.

FOLLOW UP's

8 days later: She emailed me, "Great news. The remedy seems to be working quite well. My feet are almost completely clear and there is a significant difference in my hands. There is still new growth coming through, but it is a lot less and is slower." She was still using Calendula Cream to help keep dryness away.

I asked if she was using the cream on her feet and she wasn't. She was only using it on her hands. I explained that the remedy was working internally to help clear her hands and feet via her whole system. I also explained that it would take a few more weeks to clear the deeper layers of the skin and after this the new growth should be better.

Continue with Mez 30 daily.

7 days after email: At her appointment follow up feet almost clear. Hands have stopped peeling and are clearing. No spots on fingers. Itching greatly reduced only occurs as new skin grows a bit.

Dry skin over legs and arms also improving.

Still getting bizarre cravings but now not acting upon them.

No menses since last visit.

Continue taking Mez 30 daily.

4 weeks later: 2nd follow-up: Eruption on hands almost gone a little left in thumb cracks and slightly under toes.

Dry skin gone on arms and legs.

Menses: pain occurred during flow this time but only one day of pain.

Decided to gradually reduce frequency of dose. Changed to taking Mez 30 every 2nd day for 2 weeks, and then she was to email me to check if was still clearing. After which I suggested we may then move it to 3 x weekly.

2 weeks later - follow-up via email: “Just an update as promised. My hands have seen no change and I still can’t see any new growth coming through. I really think you’ve done it! Thank you soooo much for helping me out with this, I really appreciate it”

Dose dropped down to 30C three times per week.

One month later in person – has stopped the remedy and all skin clear and periods back to normal. After six months still no problems.

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